

THE CRC NEWSLETTER

COMMUNITY RELATIONS COUNCILS

Promoting harmony & respect among a diverse citizenry of our state

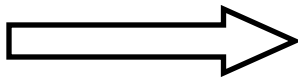


South Carolina Human Affairs Commission
www.schac.sc.gov

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October is Disability Employment Awareness Month

Reflecting a commitment to a robust and competitive American labor force, the 2018 National Disability Employment Awareness Month (NDEAM) theme is “America’s Workforce: Empowering All.” Observed each October, NDEAM celebrates the contributions of workers with disabilities and educates about the value of a workforce inclusive of their skills and talents. <https://www.dol.gov/odep/topics/ndeam/>



“Hire Me SC,” an outreach campaign to increase the independence of individuals with disabilities and shift the current landscape in South Carolina to one in which employment for every individual, disability or not, is the norm rather than the exception.

Learn more at <http://www.hiremesc.org>.

TRAINING OPPORTUNITY
www.hiremesc.org

HIRE ME SC

Engaging the Untapped Workforce

A grant-funded training opportunity to support your efforts to:

- Engage top talent with disabilities
- Build workplace diversity
- Take the guesswork out of providing ADA accommodations
- Take advantage of tax breaks and existing local supports

ACL

For more information, contact us at hiremesc@able-sc.org

[Twitter](#) [Facebook](#) @HireMeSC [Instagram](#) @Hire_Me_SC



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Current CRCs:

Columbia, Lee, Allendale, Hampton, Beaufort, Jasper, Berkeley, Georgetown, Lancaster, Greenwood, Greenville, Anderson, Laurens, McCormick, Aiken, Myrtle Beach, Kershaw

October is Breast Cancer Awareness Month

This is an annual campaign to increase awareness of the disease.

LEARN ABOUT BREAST CANCER MYTHS

***The Myth:** Men do not get breast cancer; it affects women only.*

The Truth: Quite the contrary, each year it is estimated that approximately 2,190 men will be diagnosed with breast cancer and 410 will die. While this percentage is still small, men also should check themselves periodically by doing a breast self-exam while in the shower and should report any changes to their physicians.

Breast cancer in men usually is detected as a hard lump underneath the nipple and areola. Men carry a higher mortality than women do, primarily because awareness among men is less and they are less likely to assume a lump is breast cancer, which can cause a delay in seeking treatment.

***The Myth:** Finding a lump in your breast means you have breast cancer.*

The Truth: Only a small percentage of breast lumps turn out to be cancer. But if you discover a persistent lump in your breast or notice any changes in breast tissue, it should never be ignored. It is very important that you see a physician for a clinical breast exam. He or she may possibly order breast imaging studies to determine if this lump is of concern or not.

Take charge of your health by performing routine breast self-exams, establishing ongoing communication with your doctor, getting an annual clinical breast exam, and scheduling your routine screening mammograms.

Annual Event Calendar for COMMUNITY RELATIONS COUNCILS

January

MLK/Interfaith Awareness

February

African American History

March

Women's History/End Racism Day

April

Fair Housing

May

Law Enforcement/
Community Relations

June

Disaster Preparedness/Emanuel 9
Remembrance Day, Peace & Reconciliation

July

Employment Discrimination/
Economic Opportunity

August

Youth Project/Back to School

September

Hispanic Heritage/
Cultural Diversity

October

Disability Employment Awareness

November

American Indian Heritage/
Veterans' Appreciation

December

Aging & Poverty Issues